We, as Gen Y/Z, should organize a subtle, non-violent coup, to prevent growing further divided. Seeing as we are the ones who will be inheriting the world's problems, we need to prevent propagating past conflicts, and remodel the future according to our highest ideals. We cannot let those in control convince us we are powerless! It is through the idea of controlling us that the elite derive their power! We either stand together, or fall alone, in the crippling comfort of our first world cages.

namasté!; ~పంధళ⊚♪~ W.W.J.D.? ♀ి11 EARTH INC. KEEPS YOU, CENTER, ED. ©

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http://www.centerofbeing.com/

we play this game a silent sonnet written with our eyes

we meet we mix our energy

we kiss and bare our souls;

and in words well-chosen i tell you my prize secrets while you watch behind your walls..

i coax and plead to share with you you dissemble with your eyes...

i know your fear that underneath

i'm just another pretty girl;

flowers in her hair and lies between her teeth.

i promise you, i'm not and that i'm so much more i open my heart to try and prove you've never met someone like me before

(words don't do this justice...)

i want to spend a life with you..however long it takes.i visualize a path we haveand what a fantasy it makes...

(if we make the most of everyday forever won't seem so far away...)

but i know the Truth

and so i wait for the one who can relate.

WE LOVE YOU.

"for the eccentrically introverted, the brilliantly shy & the colorfully alienated."

let's come together heal and be happy discuss openly and freely our desires and needs our struggles and success suffering and joy and all the wonder of our lives.

when a meeting is planned,

there will be healing, meditating, soft talking, gentle caressing, there will be lying in the grass, palm-reading, eating, weaving tales, singing, dancing, loving, living...

dress up like a fairy, something beautiful, something mystical, magical, mythical. bring food if you'd like, (light, sweet things) or music (soft, pretty), tea or whatever. BRING FLOWERS.

Inspire yourself, create yourself, open yourself, free yourself, be yourself, share yourself and your light with others who want nothing more than to swim with you in the ocean tides of unconditional love. in sacred space, sober and sweet, we'll help teach each other the way of life and light and nature.

let's be alone together, and share in our sacred secrets and slowly take our places as the energetic architects of the coming age.

"Creation is a glorious whole, a living orgasm filled with dancing laughing sparkling gyrating singing swooping burning radiant magnificent streams of consciousness of Love. It is all One; it is what I Am. And yet within the whole of Me are countless billions of streams of Love in relationship. Every stream of consciou...sness is sweet awareness, precious life..."

http://www.circleoflight.net/onsoulmates_02.html

LEAGUE OF THE LUMINOUS.

"you may twist perception as much as you care but ultimate reality will not budge"

"if everyone was at peace with themselves, the whole world would be at peace"

"to be truly radical is to make hope possible rather than despair convincing"

let's post our little fleeting tidbits of divine emotion so we all can be inspired and grow from the wealth of knowledge we'll slowly accumulate....

"We can't save the world without partnering with everything." [...] "It is absolutely clear to anyone with half a heart and an open mind, to anyone who is not in denial that if we do not now have on the earth an organized, coherent, humble, empowered, divinely inspired, worldwide grassroots movement of divine love and wisdom in action, humanity will die out and take a great deal of nature with it.

~Raising~Your~Energy~Vibration~Through~Your~Home~

The phrases "good energy" and "bad energy" were once used exclusively by "new thought" or "new age" followers. Now I hear these phrases used by mainstream media, at the mall, and, well, even by my parents. Now our understanding and language has become more specific by referring to energy as "high" or "low" (which is scientifically more accurate). For example, you may refer to a place as being high energy, such as Sedona or even your local holistic grocery. We often refer to certain thoughts as being high energy, such as love and gratitude.

Referring to energy as "high" or "low" is actually a description of the rate of vibration or frequency. High energy is synonymous with a high (or fast) vibration or frequency. And simply put, the higher our personal vibration is, the better we feel... physically, emotionally, mentally, and spiritually. It is the dense, or slow, energies that make us feel bad emotionally and physically. Dense energy can show up in our body in the form of disease or in our emotional system in the form of depression, anxiety, etc. Negative thoughts, repressed emotions, and stagnation are all examples of dense, heavy, or slow energies.

We each walk around with our own personal vibration, or rate of frequency. Our personal vibration can vary depending on the people we are around, foods or anything else we take in, current thoughts and feelings, and environment. By now, we are all very aware of the difference in how we feel being around people that don't feel good to be around. This may be noisy neighbors, people at a public event, certain friends, or could even be your significant other. When you are around them, your mood quickly changes and you simply don't feel as good as you did before you were around them. In essence, your personal vibration has dropped! The same is true depending on the foods that we eat and the thoughts we think.

But the one major factor that tends to get overlooked that dramatically impacts our personal vibration is our home....the place we eat, sleep, make love, rejuvenate. Our home is the place we should find the most comfort from the rest of the world. It should be your high energy refuge – the place to recharge your batteries. Unfortunately though, it is not for many people to the point of being an energy drainer.

According to Dr. Wayne Dyer in The Power of Intention,

"the purpose of moving up the frequency ladder is to change your vibratory level of energy so that you're at the higher and faster frequencies where your energy level matches up with the highest frequencies of all: the energy of the all-creating Spirit." Everything is a movement of energy with higher and faster energy dissolving slower and lower energies. Dyer says, "if you're experiencing scarcity, anguish, depression, absence of love, or any inability to attract what you desire, seriously look at how you've been attracting circumstances into your life. Low energy is an attractor pattern."

He says that we can all "deliberately raise our energy level" by "being cognizant of your immediate environment," which includes becoming "aware of the energy levels in your home environment."

Here are some suggestions on raising the energy levels in your home thereby raising your personal vibration:

1. Clear Clutter. This is the Numero Uno way to raise the energy in your home. Why? Clutter is stagnation and stagnation is dense, slow energy. Remove any items that you no longer use, want, or love. This will immediately raise your vibration and make you feel better. 100%

guaranteed!

2. Remove or Add Artwork. The images on your walls are energy. Take an objective look at the pictures on your wall. Make sure that when you look at each picture, it makes you feel good. Does it evoke good or bad memories, positive or negative meanings. This also applies to photographs around your home. Are they energy enhancers or drainers?

3. Furniture Arrangement. Is there a natural flow in your home, or do you find yourself bumping into furniture going from one room to another? Energy should be able to meander through your home to avoid stagnation. Oftentimes, we have too many pieces (or too big) of furniture for a space. This can clog up a space and even result in a constriction of our breathing. See if there is a better arrangement of furniture, or if there are any pieces that are unnecessary. If unsure, consult a feng shui practitioner.

4. TV and electronic equipment. Having the TV "on" can dramatically reduce the vibration of a space. Be conscious of when and what you watch on TV. Notice how you feel when the TV is on versus when it is off. TVs and electronics can also affect the frequency of a space even when they are "off." Fortunately, electronics are becoming more efficient in the amount of electromagnetic energy they emit, but nevertheless can negatively impact the frequency of a space.

5. Colors. Just as you learned in 9th grade science, colors have a frequency... remember ROYGBIV? Colors in a space dramatically affect how you feel. There are hundreds of color therapy and design books written on this topic to consult. Otherwise, notice in your home if there is a room that doesn't feel good to you. A new coat of paint can do wonders!

6. Create a Sacred Space. While your entire home should feel like a sacred space, it is important to designate a space, whether it is a corner or an entire room, as your sacred space or personal sanctuary. This space can be used for meditation, reading, praying, yoga, or any other activity that inspires you. This is the space that you go to when you really want to recharge your batteries and raise your vibration.

7. Clean and Clear Your Home. It is important to periodically clean your home. This may sound obvious, but it all too often gets overlooked. Cleaning your home of dirt, dust, and cobwebs will make your home feel so much better thereby raising your personal vibration. Equally important is to energetically clear your home. The energy in your home carries its own rate of vibration which can be lowered or raised depending on the circumstances in your home, such as those listed herein. By energetically clearing your home, you break up the dense, stagnant energies that are lurking around which raises your home's frequency. And as your home's energy is raised so will yours! There are a number of ways to clear your home, such as sage smudging, bells and other sounds, and intention. ~~Tisha Morris

Good smudges to use are Sage, Juniper, Sandalwood

You can use Rock Salt Singing Bowls

The usual method is to use the 4 elements of:-WATER - holy water, energised water or purified water FIRE - candles or even an open fire EARTH - plants, flowers, crystals, salt AIR - essential oils, incense, feathers, Native American smudge sticks, bells, drums, music or chanting.

sourced from various websites:-

http://www.mindbodyom.com/2009/09/raising-your-personal-vibration-through-your-home/ http://www.planetbonsai.com/space_clearing_ritual_summarized.html http://www.fengshui.co.uk/SpaceClearing.htm

shared with Love have a blessed day~~ClareyXxx